



The Royal Seven Stars Hotel

Please let a team member know if you have any dietary requirements or allergies.
A separate menu with information about dishes containing wheat and gluten is available.*

STARTERS

- Soup of the Day** herb croutons, bread and butter. (v) £6.50
Homemade Smoked Haddock & Cheddar Fishcake pea purée. £7.00
Chicken Liver Parfait caramelised onion chutney, toasted ciabatta. £7.00
Warm Pitta and Houmous olives, cucumber, sun-blushed tomato. (vg) £6.50
Deep-Fried Cornish Camembert chilli jam, crostini. £8.00
Atlantic Prawn Cocktail shredded lettuce, cucumber ribbons, seafood sauce, lemon, granary bread and butter. £8.00

MAINS

- Atlantic Cod Deep-Fried in Tribute Ale Batter** chips, mushy peas, Cornish seaweed salt. £13.50
West Country Cheese Burger 6oz burger, Monterey Jack cheese slice, pickled red onion, homemade burger mayo, lettuce, fries. £13.00
Spiced Chickpea and Crispy Kale Salad roasted red onions, avocado, cherry tomatoes, toasted almonds. (vg) £9.50
Spiced Mixed Beans and Sweet Potato Burger paprika houmous, roasted peppers, pickles, fries, salad, relish. (vg) £12.00
Golden Wholetail Scampi chips, garden peas, tartare sauce. £12.00
Slow Braised West Country Beef Brisket horseradish mash, greens, carrots, Proper Job IPA onion gravy. £15.00
Smoked Haddock and Mussel Chowder poached egg, ciabatta. £13.00
8oz Rump Steak hand-cut chips, Portobello mushroom, peppercorn sauce. £17.50

DESSERTS

- Sticky Toffee Pudding**
toffee sauce, clotted cream. (v) £6.00
Triple Chocolate Brownie raspberry coulis,
Cornish clotted cream. £6.00
Winter Berry Mess meringue shards, Chantilly cream,
winter fruits, chocolate sauce. £6.00
Trio of Ice Cream or Sorbet vanilla or chocolate ice cream,
mango or strawberry sorbet. (v/vgo) £4.50
Cornish Sea Salt Chocolate Truffle Torte
spiced ginger base, clotted cream, fruit coulis. £6.00
West Country Cheese Board Cornish Camembert,
Local Blue and Mature Cheddar, Tribute ale chutney,
crackers and grapes. £9.00

SANDWICHES AND WRAPS

- Available from 12-5pm. Served with salad garnish and crisps.
Mature Cheddar Cheese and Tribute Ale Chutney
(v) £7.50
Atlantic Prawns and Avocado lemon mayonnaise. £9.50
Chicken BLT smoked back bacon, baby gem,
vine tomatoes and mayonnaise. £10.50

SIDES

- Chips (vg) £3.50
Fries (vg) £3.50
Garlic Bread (vg) £3.00
Cheesy Chips (v) £4.50
Side Salad (vg) £3.50
Seasonal Vegetables (vg) £4.00
Invisible Chips - 0% Fat, 100% Hospitality £2.00**

(v) vegetarian / (vo) vegetarian option / (vg) vegan / (vgo) vegan option.
*Information about all other allergens is recorded and available upon request.
Please note we take steps to minimise the risk of cross-contamination when preparing your food, however we do not have specific allergen-free zones in our kitchens. If you would like further information on our preparation methods, please ask one of our team members.

This is a recyclable, single-use menu printed on 100% recycled paper.

**All proceeds raised from invisible chips sales will be donated to Hospitality Action, which is helping people in hospitality worst affected by the Covid crisis. Thanks for chipping in.

Visit hospitalityaction.org.uk for more details.